EMERGENCY PREPAREDNESS

ARE YOU PREPARED?

Before the next disaster occurs, make sure you are ready. Build an emergency supply kit that includes the following:

- Water (at least a gallon per person daily)
- High-energy foods: nuts, raisins & granola
- Canned meats, fruits & vegetables
- Manual can opener
- Baby formula, food & supplies
- Cereal, crackers & cookies
- Matches (in waterproof container)
- Paper cups, plates & utensils
- Toilet paper & moist wipes
- Pet food & supplies
- Over-the-counter medications
- First-aid kit & hand sanitizer
- Plastic storage containers
- Soap, detergent, disinfectant & bleach
- Batteries
- Garbage bags
- Flashlight
- Candles

Find out more about what should be in your emergency closet by going to http://www.commissaries.com and clicking on DeCA's disaster preparedness page.

For more information on disaster preparedness, visit these sites:
www.fema.gov; www.dhs.gov; www.redcross.org.